

# THE PREVALENCE OF POLYCYSTIC KIDNEY DISEASE IN PATHOLOGIC WARD OF VLORA HOSPITAL FROM JANUARY TO DECEMBER 2007-211

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## Abstract

The study identificate the cases with Polycystic kidney disease in pathologic ward of Vlora hospital and its aim is to evaluate the frequency and distribution of polycystic kidney disease referring to their place of living,age,gender in order to clarify the etiology. Polycystic kidney disease also known as polycystic kidney syndrome is a cystic genetic disorder of the kidneys. Polycystic kidney disease is one of the most common life-threatening genetic diseases, it is characterized by the presence of multiple cysts typically in both kidneys; initially present with observable disease in one kidney, with most cases progressing to bilateral disease in adulthood. The cysts are numerous and are fluid-filled, resulting in massive enlargement of the kidneys. The patients that suffer from polycystic kidney syndrome at their 50 years old should end to chronic renal failure,which changes their lifestyle,so as a result we can say that medical treatments,psychological support and the help of their familiars,are very important. Is very important to know which are the symptoms,the complications and the treatment that can ease symptoms and prolong life. The material and the method. This is a description study realized from January to December 2007-2011 in pathologic ward of Vlora Hospital. The objective of the material and the method that has been used is to study all the clinical charts of the hospitalized patients with this diagnose and the distribution of them during this period,referring to their place of living,age,gender;also we have used hospital statistics.

**Key words:** *polycystic kidney disease ,hereditary,high blood preassure, blood in the urine*