

FEMINISM AS A LIBERATION OF MEN

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Abstract

Feminist movement has greatly influenced the change of the contemporary society. Now it is recognized as a paradigm and has a genuine and rich, theoretical and conceptual framework. There have been many attitudes and misunderstandings concerning feminism. On the origins and development of itself, not unfairly, it is perceived as an anti-manly movement. Women seeking some rights that naturally belong to them did not require something that did not belong to anyone else, but asked for restriction and violation of certain rights and privileges that were historically men's. Expressing this, it is normal for them to develop a reaction, whether or not legitimized. Looking for women rights, feminism affected the status of men. In this article will see the relation between feminism from a different perspective. Proposed thesis is that feminism as a paradigm may offer a liberating alternative for men, freedom from a set of practices and patriarchal societies' stereotypes that limits them in the way of being and acting. Traditional patriarchal societies focusing on following accepted practices can affect their members who do not adhere to the following model. Feminism calling into question this model can offer them some redemption opportunities. Albanian society will be the focus of situations where unless an improvement of the status of women, is also required a treatment of the new status where the men take part. For this case, are taken into consideration diverse works of recent years about the possible relationship of feminism and men.

Keywords: *Feminism, liberation, stereotype, sexism, patriarchal.*