

E- SUPPORT TO YOUTH IN KOSOVO – AN INTERACTIVE WEB SITE WWW.NUKJEVET.NET- LEARNING BY DOING

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Abstract

Suicide rates in Kosovo after the war in 1999 have increased by 300%, mainly among youth. Foundation Together from Slovenia in collaboration with Fondacioni Together Kosova and international and national mental health experts conducted two large scale researches on suicide ideation and behaviour. Further, two scientific international conferences on suicide prevention were organized in 2007 and 2008. This presentation will focus on the description of the process of launching the first E- counselling web site dedicated to youth in Kosovo, as an immediate measure to provide professional support to young people particularly taking into consideration the limited financial and human resources and data on mental health problems of the youth available in the country. Based on the research of the STIKK the Internet penetration in Kosovo is high and can be compared to other regional countries. Internet penetration based on households is 72.1%, main users of internet are young people. All experts involved are providing online counselling on voluntarily bases. In the web page young people can fill in the E-career Orientation Questionnaire. The results of the questionnaire can guide them while there are about to choose their profession/career. A new questionnaire on dating violence will be soon published on the web page, thus enabling additional data collection in one place to be used when designing state policies on mental health in youth.

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