

RELATIONSHIP BETWEEN POSTPARTUM DEPRESSION AND CHILD CHARACTERISTICS

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Abstract

The aim of this study was to explore Post partum Depression (PPD) and the factors that can contribute to PPD, with an emphasis on child characteristics. The study was conducted in Tirana. 398 new mothers from one month postpartum to one year post partum were part of the study. Edinburgh Post Natal Depression Scale and revision version of Beck Postpartum Depression Predictors Inventory (PDPI - R) are used in this study to evaluate women with PPD and factors contributing to PPD. Approximately 23% of new mothers' part of this study resulted with PPD. To measure the relationship between postpartum depression, infant temperament and child care stress is used correlation. Postpartum depression and child temperament were weakly to moderate correlated at a significant level. Child care stress was found to be weakly correlated to PPD.

Key words: *Postpartum Depression, infant temperament, child care stress*