Treatment of children with special needs and opportunities for their involvement in sports activities

Bexhet Toçi, PhD[1] State University of Tetova Ilindenska, nn, Tetova bexhetoci@yahoo.com

Fadil Nika, PhD[2] State University of Tetova Ilindenska, nn, Tetova f.nika@unite.edu.mk

Myftar Zyberi, PhD[2] State University of Tetova Ilindenska, nn, Tetova m.zyberi@unite.edu.mk

Abstract

The need for research and development of motor skills for children with special needs is very important. These skills have been studies a little or they haven't been studied at all. In preschool level, children develop cognitive skills with the surrounding. In elementary school, children acquire cognitive skills such as movements and other physical activities, actions that enable students to face the challenges of life by leading them towards independent and qualitative life. According to current statistics, the population with special needs in Europe and United States is up to 10%, however, the approach to this population is still exclusive. Developmental issues of psychosomatic status of this population has been studied very little. United Nation conventions emerge specific conventions on the children's rights as Universal Rights of Children. In the Republic of Macedonia, operation of activities with this category has partial solution. The inclusion of this population in sports life would affect their adaptation in everyday life as well as their socialization with other persons, which would help in reduction of family expenses.

This study aims to provide a modest contribution to the actualization of the problem of people with special needs in the Republic of Macedonia, in the Tetovo and Gostivar region where there is concentrated the Albanian population. The population in this region is facing specific problems in terms of genuine professional treatment. Experience has proved that recognition of these issues and their treatment should have multidisciplinary approach and treatment.

Key words: special needs, sports, population, treatment, approach

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