

Threatening factors of psychological well-being in Albania during years 1996-2000.

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Abstract

In 1996-2000 period of time there has been developed a lot of and multiple dynamics in different levels of functioning in Albanian society: economic, political, emotional, educational, etc, which has had their impact in a personal and social field.

The article is an attempt to interlace these changes to clarify their effect on psychological well-being to that part of population being in Albania that time and also compare with those individual (Albanian people) living outside the country at the time. Measured variables include the need for security, tranquility, personal relationships, the need for personal achievement and growth, orientation, appreciation, etc.

The research techniques are mostly qualitative including open interviews but also wrote documents and journals. Some of conclusions or findings are missing information, confusion, family problems related to unemployment, economic, migration and emigration, strong negative events (1997), unconsolidation of institutions and social services, mentality, social conflicts and their consequences (*negative forebodings such as drug, prostitution, crimes and abuses*) have threat psychological well-being of every Albanian in that period of time. This article shows also that the attempts for development and stability has been present during the time but slow from the intensity and the frequency of such above.

Key words: psychological well-being, development, conflict, services, functioning