

THE IMPORTANCE OF CONSUMPTION MODELS OF SUBSTANCE

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Abstract

Given the independent effects of alcohol and tobacco, as well as their combined effects on human health, it is important to describe models of alcohol consumption, smoking and courses of these substances, as well as differences in usage patterns between different groups of the population. This is because not only depend on the health consequences of using these substances, but also on how they are used in terms of frequency and quantity consumed in time. For example, many studies have reported that consumption of "tearing" of alcohol (which refers to the consumption of large amounts of alcohol within a short period of time, usually five or more alcoholic drinks within a few hours) is much more harmful (in terms of increased risk and mortality from SKZ), compared with non-rapid consumption of alcohol. Also, if moderate consumption of alcohol appeared protective effects, these effects are absent when alcohol is consumed in large quantities or tearing. (Makelä P, 2005; Murray RP, 2002; Nicholson A, 2005; Rehm J, 2001).

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