

# **DOES COMPLEXITY OF ADAM AND EVA SYNDROME PRODUCE MENTAL ILLNESS: A CONTEMPORARY NEOEXISTENTIAL APPROACH**

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## **Abstract**

The beginning of human life is transmitted to all generations with a single story: “Once a time there was a man called Adam and the God thought not let him alone created from his rib his wife called Eva. They lived in Eden Garden surrounded by all the best from the world. They had every right except not to eat fruits from a tree. But what happened? The wife ate from this forbidden tree and then both were expelled from the garden and because of this error they lived in complexity elsewhere. Over time it was returned in a Syndrome and therefore trying to give an answer to why Eva did ate the forbidden fruit, produced a disturbance into psychic of humans. Since then, it’s happening that the people from time to time are being lost from the big garden of the life because they are loosing their mind and they are forgetting who they are and why they exist. How can one explain the cause of such Syndrome who is increasing a lot into the world? This kind of question lead me to the research question: Does complexity of Adam and Eva Syndrome produce mental illness? It is used a method of inquiry based on a contemporary neoexistential approach subject to specific principles of question. It is divided in two branches interrelated together where the first brings the contemporary literature about complexity of mental illness and the second follows with a description of the neoexistential approach. The analyses itself is based on this approach which highlights the run away of self from the Garden of the life and mistaking it with an unknown tree which may produce the mental illness. In conclusion it is given a pure framework of the complexities encountered during life which transformed in syndrome from certain causes and factors producing malfunctions in human life; what can be worse than mental illness. But there are as well provided some suggestions that it may be given an opportunity not only to cure the Syndrome but as well to help those suffering from it to exist in a parallel garden of life; the previous garden still remains mystic.

**Keywords:** *complexity, adam and eva syndrome, mental illness, contemporary neoexistential approach*