

## THE INFLUENCE OF TRAINING FOR CHILDREN WITH SPECIAL NEEDS DURING A SCHOOL YEAR

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### Abstract

The need for researching the importance of physical education for this group of kids is rising, the research from a number of researchers is rising. In our training sessions we have kids with different types of problems but it is dominated by kids with both types of autism. We began this activity in October of 2013 in two cities, Tetovo and Gostivar, with four schools, two from Tetovo and two from Gostivar. All students are in classes for special needs and are treated by psychologist, defectologists, and their teachers. In partnership with these primary schools we have taken responsibility for sports and games to be handled by fourth year students of physical education twice a week. In elementary education, students acquire many attributes, the learning of movements and physical activities, things that enable these children for life, and helping them have a qualitative life. The latest data for kids with special needs in Europe and in the USA is rising in number by as high 10%. Based on this data there is still no inclusive approach, for this population that doesn't take advantage of their rights in power by the EU and the special agreements for children rights. Discrimination would be a small word used in Macedonia. Their needs are not respected or fulfilled even if they are covered by law. H.1 The inclusion of this population in the life of sport will have an impact on the fastest possible adaptation in life and their socialization with other people. This mission will be a real help for these kids' families in the emotional and social sphere and the cost for their care will decrease. This study aims to give a modest contribution in the actualization of this problem in Macedonia, in the region of Tetovo and Gostivar that have the worst condition for professional treating for these kind of people. Experience has shown that knowledge for these issues and their treating shouldn't be left only to one study field. Motor changes and the establishment of social report with influence from physical activities are evident and we will prove them in this study. By proving that training with these children has evident results.

**Keywords:** *Motor space, Kids with special needs, Physical activities, Sport activities, Psychosomatic status*