

## **STRESS IMPACT ON TEACHERS' PRODUCTIVITY AS AN IMPORTANT FACTOR IN THE INCREASE OF EDUCATION QUALITY**

**Xhevdet Zekaj<sup>1</sup>, Aurela Agalliu<sup>2</sup>, Merita Hoxha<sup>3</sup>**

<sup>1</sup>“Aleksander Xhuvani” University, Elbasan, Albania, E mail: xhzeka@yahoo.com

<sup>2</sup>Student at Faculty of Social Education, Albania,

<sup>3</sup>“Aleksander Xhuvani” University, Elbasan, Albania

### **Abstract**

National education system serves as a serving sector which will enrich future Albanian citizens with the necessities knowledge, skill and bravery, educated and devoted to accomplish the national economic and developmental plan. This system, tending to accomplish national needs of labor market and the socio-cultural aspirates of people, is represented as being conditional for economical growth and stable development of the country. Therefore, this commitment is companioned with stress to every actor participating on this growing work, and not only. Despite the stress more and more wounds and phenomena are opened in our society. The aim of this study is to introduce a connection, cause- effect at work and to workers productivity, factors that influence, political intervention, economical, social and integrated factors. Watching the fact that life has changed and life rhythm that people do work and live has made the same thing, in this case they do fee more pressure and stress in their daily life and work. A very dangerous potential risk of people is to find a balance between work and life. As it is known, stress is one of the most inflectional factors of a lot different problems and disease, but also a factor which determine the success of failure of an organization. As a very negative factor, it is responsible for workers' passivity at work, and as a consequence diminishes their performance and productivity. Factors such as: demands, check, relationship, change, role and support are potential factors for stress at work. A serious problem would be if the stress of a certain branch would spread in other ones and this would make it more difficult to handle it. Lately there is another factor called “culture” which is defines as “organization' culture and the way they deal with stress at work”. On this work it has been shown Albanian and world experience with some endings, options and recommendation to avoid stress and ensure quality on the educational system.

**Keywords:** *Worker, Stress Productivity, impact, productivity level, education*