

FROM THE HOSPITAL TO THE INSTITUTIONALIZED HOUSEHOLD: THE CHANGE THAT MAKES THE DIFFERENCE

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Abstract

In psychiatry, the changing of the life quality is closely related to the closure of the hospitals and the deinstitutionalization process. In this point of view, is better to support and cure the mental health patients in the community, offering to them shelters, daily center or household. The evaluation and the analysis of the process, such as the transition from a hospital structure to another one, that seems like family, is full of value and the universals rule and standards play a crucial role. The relationship is based on the common respect and on the willingness to learn from each-other. So, the person with psychiatric disability and the professional work together to build the situation in the past, in the present and in the future, by providing in this way a contribution to their theories and experiences. The method used in this article has a descriptive and exploratory nature on the experiences of women with psychiatric disorder. To suit the requirements of the study, qualitative research was used, applying semi-structured interviews. In this article were involved women, diagnosed with psychiatric disorders, residents of the Psychiatric Hospital in Vlora. The sample was selected not randomly and intentionally. The purpose of this article was to explore the subjective experiences of women who pass from the Psychiatric Hospital to a household, their experiences (first in hospital and then at home protected), as they have experienced the transition and how it has changed their quality of life (feeding, dressing, hygiene, their social behavior, etc.). These kinds of articles are aimed to identify and describe the phenomenon, the way it appears and which consequences does it have. Then, they need to find the different way of combination of various social interactions just to know the specific social process and identify them. Despite innovations in the mental health field is important to note that the psycho-social process just began, so there are many ways to do so that this process is efficient and sustainable. The study found support in previous studies conducted in other contexts.

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